

7 days, 6 nights in the Penedes wine and Cave region

rolling hills, vineyards and the home of Penedes wines and cavas



Day 1

- 14.00 Lunch and wine tasting in 'fancy' restaurant
- 16.00 Arrive at country house
- 18.30 Optional **4km** stroll to the nearest village
- 19.30 Light 'Tapas' dinner at home with a selection of local wines



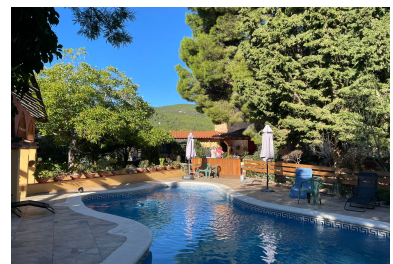
Day 2

- 10.00 **6km** Walk from the house to small castle
- 13.00 Lunch in the castle
- 16.00 **6km** Walk to one of the finest wine producers in the region
- 18.00 Short drive back to the country house
- 19.30 Light dinner at 'home'



Day 3

- 10.30 Leave the country house
- 11.30 Visit to a top Cava producer for a tour and tasting
- 13.00 Lunch in a locals restaurant in the lovely town of Sant Sadurni
- 16.00 Visit to the chocolate factory for a tour and tasting
- 17.30 Move to the new accommodation (where you'll be staying for 3 nights)
- 19.30 Lovely light dinner prepared by the hosts



Day 4

- 09.00 **7km or 14km** walk up to the Sanctuary with the option to either get a lift back to the guest house or continue on the circular route back to the village
- 14.00 Lunch in lovely, cosy local restaurant in the village
- 16.00 Relax, sit by the pool, explore the village , do nothing whatever you want!
- 19.30 Light dinner at 'home'



Day 5

- 09.00 **5km** Lovely, easy walk from 'home' to the charming Church and little Castle Sarroca
- 12.00 **2km** walk onto a local family wine and cava producer for tour and tasting
- 14.00 Lunch at quirky, fun little restaurant in the village
- 16.00 **5km** optional walk back to the accommodation
- 19.30 Light dinner at 'home'



Day 6

- 09.00 Move to the town of Vilafranca
- 10.58 25 minute train to the coast
- 11.30 **5km** Beach walk
- 14.00 Menu lunch by the beach
- 16.00 Stroll around the ridiculously picturesque seaside town of Roc de Sant Gaieta
- 17.00 **5km** walk (or lift back to the train station)
- 19.30 Tapas dinner and beers in town



Day 7

- 09.00 Breakfast at the Pension
- 11.00 Check out and leave

